

## **For students:**

Many LSO programs, services and communications are accessible to Law and Paralegal students.

- **LSO social media channels**
  - Posts about LSO events, news, initiatives, policy updates and more
  - In 2021, nearly six million impressions
  - >73,000 followers across all channels
  
- **The Gazette** [lso.ca/gazette](http://lso.ca/gazette)
  - Launched in January 2021 >61,000 page views & >49,000 unique page views for the year
  - Licensee Update – issued 10 times per year for all licensees available on the Gazette
  
- **The Member Assistance Program (MAP)**
  - No cost to use this service
  - Completely confidential
  - Help with issues related to addictions, mental or physical health, work-life balance and more
  - MAP's Life Smart – Career Smart program offers career planning
  - 11% increase in use in 2021
  - The majority of those using the service are between 31 to 40 and 21 to 30 years of age
  
- **The Well-being Resource Centre** [lso.ca/well-being](http://lso.ca/well-being)
  - Articles and on-demand courses about mental health in the professions
  - Resources to help practitioners manage personal well-being
  
- **Discrimination & Harassment Counsel (DHC) service**  
[dhcounsel.on.ca](http://dhcounsel.on.ca)
  - Available for anyone who has experienced discrimination or harassment by an Ontario paralegal or lawyer
  - Completely confidential
  - Free-of-charge
  
- **The Equity Legal Education Series**
  - Events each year aimed at promoting awareness, education and discussion
  - Focus on the challenges and opportunities for equality-seeking communities in law and the legal professions
  - These events are free and most qualify towards CPD requirements
  - In 2021, 10 events >9,000 attendees
  
- **Access to Justice (A2J) Week** [lso.ca/tag](http://lso.ca/tag)
  - Full week of programming each October
  - Presentations and panel discussions re: inclusive justice and community building
  - Free to attend
  - Most qualify towards CPD requirements.
  - In 2021, sixth annual A2J Week:
    - 25 virtual events
    - 3 events were specifically for the public
    - nearly 3,000 individuals participated in A2J Week events